

Calendar of Events

Regularly Scheduled Monday Activities

Monday	CLASSES	Time	BLDG	NOTES/Changes etc.
	Dominos	8 a.m.-12		
	Party Bridge	8 a.m.-12	SCE	
	Cardio Exercise	8:15-9 a.m	SCE	
	Ping Pong/Pool for Fun	8 a.m.-4 p.m		
	Shuffleboard	8 a.m.-4 p.m		
	Medicare Questions Answered	9 a.m.-12 p.m.		
	Yin Yoga	9:15-10:15 a.m.	SCE	
	Crafting	9:15-11 a.m.		Class canceled on Nov. 20
	Drum to Exercise	9:15-10:15		
	Bible Study	9:30-11 a.m.	SCE	
	Limited Exercise	10:30-11:30 a.m.		
	Lunch	11:30 a.m.-12 p.m.		
	Canasta	12-4 p.m.		
	Tai Chi for Better Balance - Vanessa	12:15-1:15 p.m.	SCE	
	Pickleball Open Play	12:15-4 p.m.		Canceled on Nov 27
	Intermediate Tap Dancing	1:00-2:30 p.m.		
	Experienced Mahjong Players	1:00-4 p.m.	SCE	
	Line Dancing with Barb	1:30-3 p.m.	SCE	
	Beginning Tap Dancing	2:45.-3:30 p.m		
	Zumba	3:15-4 p.m	SCE	

Other Scheduled Activities

Circle of Readers	10-11:30 a.m.		Nov. 6 & 20
Photography Group	1:30-3:30 p.m.	SCE	Nov. 13 & 27 (2nd & 4th Monday)

Monday Special Events

Pickleball Tournament	12:30-4 p.m.		Nov. 27
Healthy Living for Your Brain and Body:	1-2 p.m.	SCE	Nov. 6 (More info on Pg 5)

NOVEMBER 2023						
SUN	MON	TUE	WED	THU	FRI	SAT
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Calendar of Events

Regularly Scheduled Tuesday Activities

Tuesday	CLASSES	Time	BLDG	NOTES/Changes etc.
	Dominos	8 a.m.-12 p.m.		
	Party Bridge	8 a.m.-12 p.m.	SCE	
	Strengthen & Tone	8:15-9 a.m	SCE	
	Shuffleboard	8-4 p.m		
	Beginning Guitar Lessons	9-10 a.m.	SCE	
	Pool Instructions	9-11 a.m.		
	Train Dominos	9 a.m.-12 p.m.		
	Soft Yoga	9:15-10:15	SCE	
	Scrapbooking	9:30 a.m.-12:30 p.m.		
	Limited Exercise	9:30-10:30 a.m.		
	Guitar Lessons	10-11 a.m.	SCE	
	Limited Exercise	10:30-11:30 a.m.		
	Ping Pong/Pool for Fun	11 a.m.-4 p.m.		
	Tai Chi for Balance with Julie	11:45 a.m.-12:45 p.m.	SCE	
	Canasta	12-4 p.m.		
	Chess	12-4 p.m.	SCE	
	Line Dancing with Michelle	1-2 p.m.	SCE	
	Painting	1-3:30 p.m.		
	Pickleball Lessons	1-4 p.m.		
	Clogging Class	2:15-3:30p.m.	SCE	

Other Scheduled Activities

Domino Tournament	9 a.m.-Conclusion		Nov. 14, 2nd Tues.
Fitness Machine Orientation with PT	9-10 a.m.	SCE	Nov. 14, 2nd Tues.
Board of Directors	3:30 p.m. Conclusion	SCE	Nov. 21, 3rd Tues

Tuesday Special Events

Medicare Assistance Program-MAP Part D	12:30-3 p.m.	SCE	Tues, Nov. 7, 14, & 28
Fall Prevention Workshop	10-11:30 a.m.		Tues, Nov. 14 (More info on Pg. 4)
African Violets Learn How to Bloom	1-2 p.m.		Tues, Nov. 14 (More info on Pg 7)

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Calendar of Events

Regularly Scheduled Wednesday Activities

Wednesday	CLASSES	Time	BLDG	NOTES/Changes etc.
	Dominos	8 a.m.-12		
	Ping Pong/Pool for Fun	8-4 p.m		
	Shuffleboard	8-4 p.m		
	Cardio Exercise	8:15-9 a.m.	SCE	
	Core Strength Yoga	8:15-9 a.m.		
	Music Theory 101	8:45-9:30 a.m.	SCE	
	Needle Crafting	9-11:30 a.m.		
	S.E.A.T.	9-10 a.m.	SCE	
	Chair Yoga	9:15-10:15 a.m.		
	Beginning Ukulele	9:30-10 a.m.	SCE	
	Blood Pressure Checks	10 -11 a.m.		
	Line Dancing with Eugenia	10 -11:30 a.m.	SCE	
	Abstract Painting	10 a.m.-12 p.m.		
	Ukulele Jam	10 a.m.-12 p.m.	SCE	
	Quilting	10 a.m.-3 p.m.		
	Limited Exercise	10:30-11:30 a.m.		
	Exercise 101	12:15-1:15 p.m.		
	Drawing Class	1-3 p.m.		
	Beginning Mahjong	1-4 p.m.	SCE	
	Line Dancing with Barb	1:30-3 p.m.	SCE	
	Pickleball Open Play	1:30-4 p.m.		
	Zumba	3:15-4 p.m.	SCE	

Other Scheduled Activities

At the Movies	12:3-ToConclusion	SCE	Nov. 8 & 22, (2nd and 4th Wed.)
Bunco	12:30-2:30 p.m.		Nov. 8 (2nd Wednesday)
Let's Play Bingo	1-2:30 p.m.		Nov' 1 (1st Wednesday) NEW

Wednesday Special Events

Main Street Players Play-"Bags on Plane	10 & 10:45 a.m.	Nov 15, (More info on Pg 7)
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NOVEMBER 2023						
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Calendar of Events

Regularly Scheduled Thursday Activities

Thursday	CLASSES	Time	BLDG	NOTES/Changes etc.
	Dominos	8 a.m.-12 p.m.		
	Ping Pong/Pool for Fun	8 a.m.-4 p.m.		
	Shuffleboard	8 a.m.-4 p.m.		
	Strengthen and Tone	8:15-9 a.m.	SCE	
	Train Dominos	9 a.m.-12 p.m.		The Center is closed Thursday, November 23 for the Thanksgiving Holiday
	Power Yoga	9:15-10:15 a.m.	SCE	
	Limited Exercise	9:30-10:15 a.m.		
	Guitar Jam	9:30-11:30 a.m.	SCE	
	Creative Card Making	9:30-11 a.m.		
	Play Money Poker	9:30 a.m.-12 p.m.		
	Limited Exercise	10:30-11:30 a.m.		
	Party Bridge	11:30 a.m.-3 p.m.	SCE	
	Drum to Exercise	12:15-1 p.m.		
	Creative Card Making	12:30-2 p.m.		
	Happy Hookers - Crochet	12:30-2:30 p.m.		(More Info on Pg 20)
	Card Game of the Day	12:30-4 p.m.		
	Simply Faith	1-2 p.m.		
	Fundamentals of Line Dancing w/ Michelle	1-2:30 p.m.	SCE	
	Pickleball Open Play	1:15-4 p.m.	SCE	
	Cardio Drumming	3-4 p.m.	SCE	Class canceled on Nov. 9

Other Scheduled Activities

Pool Tournament	9 a.m.-Conclusion		Nov. 16, (3rd Thurs.)
Poker Tournament	9:30 a.m.-12 p.m.		Nov. 16, (3rd Thurs.)
Grief Healing Group	10-11 a.m.	SCE	Nov. 16, (3rd Thurs. More Info on Pg 5)
Third Thursday Thanks - Volunteer Event	10-11 a.m.	SCE	Nov. 16, (3rd Thurs.)

Thursday Special Events

Medicare Assistance Program - MAP (Part D)	12:30-3 p.m.	SCE	Nov. 2, 9, 16 & 30
Medicare Fair	12:30-3:30 p.m.	SCE	Nov. 2, 9, 16 & 30
Upcoming School Bond Election- BAPS Superintendent	1 p.m.	SCE	Nov. 9, (More Information on Page 9)
Community BUNCO Bash	6-9 p.m.	SCE	Nov. 9, (More information on Front Cover)

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Calendar of Events

Regularly Scheduled Friday Activities

Friday	CLASSES	Time	BLDG	NOTES/Changes etc.
	Dominos	8 a.m.-12 p.m.		
	Ping Pong/Pool for Fun	8a.m.-4 p.m.		Center closed November, 10 in observance of Veterans Day
	Cardio Exercise	8:15-9 a.m.		
	Friday Fitness	9:15-10:15 a.m.	SCE	
	Singing Group	9:30-10:30 a.m.	SCE	
	Creative Writing	10 a.m.-12 p.m.		
	Limited Exercise	10:30-11:30 a.m.		
	Line Dancing with Eugenia	10:30-11:45 a.m.		
	Shuffleboard	10:30 a.m.-4 p.m.	SCE	Center closed November, 24 for the Thanksgiving Holiday
	Canasta	12-4 p.m.		
	Exercise 101	12:15-1:15 p.m.		
	Cornhole	12:30-2:30 p.m.	SCE	
	Individual Quilt Layout	1-3 p.m.		
	Pickleball Open Play	1:30-4 p.m.		
	Zumba	3:15-4 p.m.	SCE	Class canceled November 17

Other Scheduled Activities

Alzheimers Support Group	10 a.m.-12 p.m.	SCE	Fri Nov. 3 & 17, (1st & 3rd Friday)
Bingo, Singo	1-2:30 p.m.		Bingo, Nov. 3, Singo, Nov 17
Fitness Machine Orientation w/ Danny S	9-10 a.m.	SCE	Canceled Nov. 24 (4th Friday)
Parkinsons Support Group	1-2:30 p.m.	SCE	Canceled Nov. 24 (4th Friday)

Friday Special Events

Annual Membership Meeting	1 p.m. - Conclusion	SCE	Friday December 1 (More Info on Pg 2)
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Edward Jones[®]

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Brad Buxton, AAMS[™]

Financial Advisor

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NOVEMBER 2023						
SUN	MON	TUE	WED	THU	FRI	SAT
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