

Calendar of Events

Monday, March 2

8:30 - 9:30 a.m. Fitness for Ladies
 9 a.m. - 3 p.m. Foot Clinic
 9:30 - 11 a.m. Bible Study
 9:45 - 10:45 a.m. Zumba Gold

Sponsored by Miracle Ear

10 - 11 a.m. Circle of Readers
 10 a.m. - 1 p.m. Crafting
 11 a.m. - noon Yin Yoga
 11:30 a.m. - noon Lunch
 12:15 - 1:15 p.m. Tai Chi for Better Balance
 1 - 2 p.m. Beginning Tap Dance
 1 - 3 p.m. Novel Idea Class
 1:30 - 2 p.m. Line Dance for Fitness Review
 2 - 3 p.m. Line Dance for Fitness
 2:30 - 4:45 p.m. Intermediate Tap Dance
 3:15 - 4:10 p.m. Zumba Gold

Sponsored by Miracle Ear

4:30 - 9 p.m. Monday Night Pool Tournament
 6 - 9 p.m. Party Bridge
 6:30 - 9 p.m. Monday Night Dance

Tuesday, March 3

8 - 9 a.m. Tai Chi
 8:30 - 11:30 a.m. Party Bridge
 9:05 - 9:50 a.m. Limited Exercise
 9:30 - 11:30 a.m. Computer Training Appointments
 9:30 a.m. - noon Train Dominoes
 10 - 11 a.m. Yoga
 10 - 11 a.m. Advanced Line Dance Practice
 10 a.m. - 4 p.m. Paper Crafting
 11:10 a.m. - 12:10 p.m. Intermediate/Advanced Line Dance
 11:30 a.m. - noon Lunch
 12:15 - 1:15 p.m. Tai Chi for Better Balance
 12:30 - 2:30 p.m. Pinochle
 1 - 2 p.m. Beginning Guitar Lessons
 1 - 2:15 p.m. Bingo for Prizes

Sponsored by Forest Hills Care Center

1:30 - 2:30 p.m. Beginning Line Dance
 2:45 - 3:10 p.m. Chair Zumba
 3:15 - 4:10 p.m. Zumba Gold

Sponsored by Miracle Ear

Wednesday, March 4

8:30 - 9:30 a.m. Fitness for Ladies
 9 - 9:30 a.m. Music Theory for Ukulele
 9 a.m. - noon Bags to Mats
 9:30 - 10 a.m. Beginning Ukulele Lessons
 9:30 - 10:30 a.m. Singing
 9:45 - 10:45 a.m. Zumba Gold

Sponsored by Miracle Ear

10 a.m. - noon Ukulele Jam Session
 10 a.m. - 4 p.m. Quilting
 11 - 11:45 a.m. Chair Yoga
 11:30 a.m. - noon Lunch

Noon - 1:30 p.m. Self Defense and 24 Form Tai Chi
 Noon - ? Movie & Popcorn • The Librarian: Quest for the
 Spear • Released 2004 • not rated • 92 minutes

1 - 2 p.m. Guitar Jam Session
 1 - 3 p.m. Needle Crafters
 2 - 3 p.m. March Dance Workshop: Country/Western Waltz
 3:15 - 4:10 p.m. Zumba Gold

Sponsored by Miracle Ear

Thursday, March 5

8 - 9 a.m. Tai Chi
 9 a.m. - noon Learn to Knit
 9:05 - 9:50 a.m. Limited Exercise
 9:30 - 10:30 a.m. Guitar Jam Session
 9:30 - 11:30 a.m. Computer Training Appointments
 9:30 a.m. - noon Train Dominoes
 9:30 a.m. - noon Poker Lessons
 10 - 11 a.m. Yoga
 11:30 a.m. - noon Intro to Line Dance
 11:30 a.m. - noon Lunch
 Noon - 1 p.m. Beginning Line Dance
 12:30 - 2:30 p.m. Crochet Group
 12:30 - 3 p.m. Party Bridge
 1:30 - 2:30 p.m. Intermediate Line Dance
 2:45 - 3:10 p.m. Chair Zumba
 3:15 - 4:10 p.m. Zumba Gold

Sponsored by Miracle Ear

Friday, March 6

8:30 - 9:30 a.m. Fitness for Ladies
 9:30 - 10:30 a.m. Singing
 10 a.m. - noon Alzheimer's Support Group
 10 a.m. - noon Creative Writing
 10 a.m. - 12:30 p.m. Individual Quilt Layout
 10:30 - 11 a.m. Line Dance for Fitness Review
 11 a.m. - noon Line Dance for Fitness
 11:30 a.m. - noon Lunch
 12:15 - 1:15 p.m. Tai Chi for Better Balance
 1 - 2:15 p.m. Bingo for \$\$
 1 - 3:30 p.m. Canasta
 1 - 4 p.m. Painting/All Mediums
 1:15 - 1:45 p.m. Chair Tai Chi

Seeing eye to eye comes from meeting face to face.



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Edward Jones®
 MAKING SENSE OF INVESTING
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Calendar of Events

Monday, March 9

8:30 - 9:30 a.m. Fitness for Ladies
 9:30 - 11 a.m. Bible Study
 9:45 - 10:45 a.m. Zumba Gold

Sponsored by Miracle Ear

10 a.m. - 1 p.m. Crafting
 11 a.m. - noon Yin Yoga
 11:30 a.m. - noon Lunch
 12:15 - 1:15 p.m. Tai Chi for Better Balance
 1 - 2 p.m. Beginning Tap Dance
 1 - 3 p.m. Novel Idea Class
 1:30 - 2 p.m. Line Dance for Fitness Review
 1:30 - 3 p.m. Photography
 2 - 3 p.m. Line Dance for Fitness
 2:30 - 4:45 p.m. Intermediate Tap Dance
 3:15 - 4:10 p.m. Zumba Gold

Sponsored by Miracle Ear

4:30 - 9 p.m. Monday Night Pool Tournament
 6 - 9 p.m. Party Bridge
 6:30 - 9 p.m. Monday Night Dance

Sponsored by Floral Haven Funeral Home & Cemetery

Tuesday, March 10

8 - 9 a.m. Tai Chi
 8:30 - 11:30 a.m. Party Bridge
 9 a.m. - until it's over Dominoes Tournament

Sponsored by LPL Financial - White River Fish Market

9:05 - 9:50 a.m. Limited Exercise
 10 a.m. - until it's over Fitness Machine Training

Sponsored by Summit Physical Therapy

9:30 - 11:30 a.m. Computer Training Appointments
 9:30 a.m. - noon Train Dominoes
 10 - 11 a.m. Yoga
 10 - 11 a.m. Advanced Line Dance Practice
 10 a.m. - 4 p.m. Paper Crafting
 11:10 a.m. - 12:10 p.m. Intermediate/Advanced Line Dance
 11:30 a.m. - noon Lunch
 12:15 - 1:15 p.m. Tai Chi for Better Balance
 12:30 - 2:30 p.m. Pinochle
 1 - 2 p.m. Beginning Guitar Lessons
 1 - 2:15 p.m. Bingo for Prizes

Sponsored by Caring Matters Home Care

1:30 - 2:30 p.m. Beginning Line Dance
 2:45 - 3:10 p.m. Chair Zumba
 3:15 - 4:10 p.m. Zumba Gold

Sponsored by Miracle Ear

Wednesday, March 11

8:30 - 9:30 a.m. Fitness for Ladies
 9 - 9:30 a.m. Music Theory for Ukulele
 9 a.m. - noon Bags to Mats

9:30 - 10 a.m. Beginning Ukulele Lessons
 9:30 - 10:30 a.m. Singing
 9:45 - 10:45 a.m. Zumba Gold

Sponsored by Miracle Ear

10 a.m. - noon Ukulele Jam Session
 10 a.m. - 4 p.m. Quilting
 11 - 11:45 a.m. Chair Yoga
 11:30 a.m. - noon Lunch
 Noon - 1:30 p.m. Self Defense and 24 Form Tai Chi
 Noon - ? Movie & Popcorn • Playing With Fire • Released
 November 2019 • rated PG • 96 minutes

1 - 2 p.m. Guitar Jam Session
 1 - 3 p.m. Needle Crafters
 2 - 3 p.m. March Dance Workshop: Country/Western Waltz
 3:15 - 4:10 p.m. Zumba Gold

Sponsored by Miracle Ear

Thursday, March 12

8 - 9 a.m. Tai Chi
 9 a.m. - noon Learn to Knit
 9:05 - 9:50 a.m. Limited Exercise
 9:30 - 10:30 a.m. Guitar Jam Session
 9:30 - 11:30 a.m. Computer Training Appointments
 9:30 a.m. - noon Poker Lessons
 9:30 a.m. - noon Train Dominoes
 10 - 11 a.m. Yoga
 11:30 a.m. - noon Intro to Line Dance
 11:30 a.m. - noon Lunch
 Noon - 1 p.m. Beginning Line Dance
 12:30 - 2:30 p.m. Crochet Group
 12:30 - 3 p.m. Party Bridge
 1:30 - 2:30 p.m. Intermediate Line Dance

Friday, March 13

Birthday Potluck Luncheon • 11:30 a.m. • Centennial Hall

9:30 - 10 a.m. Singing
 10 a.m. - noon Creative Writing
 10 a.m. - 12:30 p.m. Individual Quilt Layout
 1 - 3:30 p.m. Canasta
 1 - 4 p.m. Painting/All Mediums

Seeing eye to eye comes
 from meeting face to face.



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Calendar of Events

Monday, March 16

8:30 - 9:30 a.m. Fitness for Ladies
 9:30 - 11 a.m. Bible Study
 9:45 - 10:45 a.m. Zumba Gold

Sponsored by Miracle Ear

10 a.m. - 3 p.m. Crafting
 11 a.m. - noon Yin Yoga
 11:30 a.m. - noon Lunch
 12:15 - 1:15 p.m. Tai Chi for Better Balance
 1 - 2 p.m. Beginning Tap Dance
 1 - 3 p.m. Novel Idea Class
 1:30 - 2 p.m. Line Dance for Fitness Review
 2 - 3 p.m. Line Dance for Fitness
 2:30 - 4:45 p.m. Intermediate Tap Dance
 3:15 - 4:10 p.m. Zumba Gold
 4:30 - 9 p.m. Monday Night Pool
 6 - 9 p.m. Party Bridge
 6:30 - 9 p.m. Monday Night Dance

Tuesday, March 17

8 - 9 a.m. Tai Chi
 8:30 - 11:30 a.m. Party Bridge
 9:05 - 9:50 a.m. Limited Exercise
 9:30 - 11:30 a.m. Computer Training Appointments
 9:30 a.m. - noon Train Dominoes
 10 - 11 a.m. Advanced Line Dance Practice
 10 - 11 a.m. Yoga
 10 a.m. - 4 p.m. Paper Crafting
 11:10 a.m. - 12:10 p.m. Intermediate/Advanced Line Dance
 11:30 a.m. - noon Lunch
 12:15 - 1:15 p.m. Tai Chi for Better Balance
 1 - 2 p.m. Beginning Guitar Lessons
 1 - 2:15 p.m. Bingo for Prizes

Sponsored by Clear Captions

1:30 - 2:30 p.m. Beginning Line Dance
 2:45 - 3:10 p.m. Chair Zumba
 3:15 - 4:10 p.m. Zumba Gold

Sponsored by Miracle Ear

3:30 - until it's over. Board of Directors

Wednesday, March 18

8:30 - 9:30 a.m. Fitness for Ladies
 9 - 9:30 a.m. Music Theory for Ukulele
 9 a.m. - noon Bags to Mats
 9:30 - 10 a.m. Beginning Ukulele Lessons
 9:30 - 10:30 a.m. Singing
 9:45 - 10:45 a.m. Zumba Gold

Sponsored by Miracle Ear

10 a.m. - noon Ukulele Jam Session
 10 a.m. - 4 p.m. Quilting
 11 - 11:45 a.m. Chair Yoga
 11:30 a.m. - noon Lunch
 Noon - 1:30 p.m. Self Defense and 24 Form Tai Chi
 Noon - ? Movie & Popcorn • Knives Out •
 Released November 2019 • rated PG-13 • 131 minutes
 1 - 2 p.m. Guitar Jam Session
 1 - 3 p.m. Needle Crafters
 2 - 3 p.m. March Dance Workshop: Country/Western Waltz
 3:15 - 4:10 p.m. Zumba Gold

Sponsored by Miracle Ear

Thursday, March 19

8 - 9 a.m. Tai Chi
 9 a.m. - noon Learn to Knit
 9 a.m. - until it's over Pool Tournament

Sponsored by Sand Plum Independent & Assisted Living

9:05 - 9:50 a.m. Limited Exercise
 9:30 - 10:30 a.m. Guitar Jam Session
 9:30 - 11:30 a.m. Computer Training Appointments
 9:30 - noon Train Dominoes
 9:30 - noon Poker Lessons
 10 - 11 a.m. Yoga
 11:30 a.m. - noon Intro to Line Dance
 11:30 a.m. - noon Lunch
 Noon - 1 p.m. Beginning Line Dance
 12:30 - 2:30 p.m. Crochet Group
 12:30 - 3 p.m. Party Bridge
 1:30 - 2:30 p.m. Intermediate Line Dance
 2:45 - 3:10 p.m. Chair Zumba
 3:15 - 4:10 p.m. Zumba Gold

Sponsored by Miracle Ear

Friday, March 20

8:30 - 9:30 a.m. Fitness for Ladies
 9:30 - 10:30 a.m. Singing
 10 - 11:30 a.m. Alzheimer's Support Group
 10 a.m. - noon Creative Writing
 10 a.m. - 12:30 p.m. Individual Quilt Layout
 10:30 - 11 a.m. Line Dance for Fitness Review
 11 a.m. - noon Line Dance for Fitness
 11:30 a.m. - noon Lunch
 12:15 - 1:15 p.m. Tai Chi for Better Balance
 12:30 - 2:30 p.m. BUNCO
 1 - 4 p.m. Painting/All Mediums
 1:15 - 1:45 p.m. Chair Tai Chi

Monday, March 23

8:30 - 9:30 a.m. Fitness for Ladies
 9:30 - 11 a.m. Bible Study
 9:45 - 10:45 a.m. Zumba Gold

Sponsored by Miracle Ear

10 a.m. - 3 p.m. Crafting
 11 a.m. - noon Yin Yoga
 11:30 a.m. - noon Lunch
 12:15 - 1:15 p.m. Tai Chi for Better Balance
 1 - 2 p.m. Beginning Tap Dance
 1 - 3 p.m. Novel Idea Class
 1:30 - 2 p.m. Line Dance for Fitness Review
 1:30 - 3 p.m. Photography
 2 - 3 p.m. Line Dance for Fitness
 2:30 - 4:45 p.m. Intermediate Tap Dance
 3:15 - 4:10 p.m. Zumba Gold
 4:30 - 9 p.m. Monday Night Pool
 6 - 9 p.m. Party Bridge
 6:30 - 9 p.m. Monday Night Dance

Sponsored by Silver Arrow Estates

Calendar of Events

Tuesday, March 24

8 - 9 a.m.	Tai Chi
8:30 - 11:30 a.m.	Canceled
9:05 - 9:50 a.m.	Party Bridge
9:30 - 11:30 a.m.	Limited Exercise
9:30 a.m. - noon	Computer Training Appointments
10 - 11 a.m.	Train Dominoes
10 - 11 a.m.	Advanced Line Dance Practice
10 a.m. - 4 p.m.	Yoga
11:10 a.m. - 12:10 p.m.	Paper Crafting
11:30 a.m. - noon	Intermediate/Advanced Line Dance
12:15 - 1:15 p.m.	Lunch
12:30 - 2:30 p.m.	Tai Chi for Better Balance
1 - 2 p.m.	Pinochle
1 - 2:15 p.m.	Beginning Guitar Lessons
	Bingo for Prizes
Sponsored by Floral Haven Funeral Home & Cemetery	
1:30 - 2:30 p.m.	Beginning Line Dance
1:30 - 3 p.m.	Line Dance for Fitness
2:45 - 3:10 p.m.	Chair Zumba
3:15 - 4:10 p.m.	Zumba Gold

Sponsored by Miracle Ear

Wednesday, March 25

8:30 - 9:30 a.m.	Fitness for Ladies
9 - 9:30 a.m.	Music Theory for Ukulele
9 a.m. - noon	Bags to Mats
9:30 - 10 a.m.	Beginning Ukulele Lessons
9:30 - 10:30 a.m.	Singing
9:45 - 10:45 a.m.	Zumba Gold
Sponsored by Miracle Ear	
10 a.m. - noon	Ukulele Jam Session
10 a.m. - 4 p.m.	Quilting
11 - 11:45 a.m.	Chair Yoga
11:30 a.m. - noon	Lunch
Noon - 1:30 p.m.	Self Defense and 24 Form Tai Chi
Noon - ?	Movie & Popcorn • A Beautiful Day in the Neighborhood • Released November 2019 • rated PG • 109 minutes
1 - 2 p.m.	Guitar Jam Session
1 - 3 p.m.	Needle Crafters
2 - 3 p.m.	March Dance Workshop: Country/Western Waltz
3:15 - 4:10 p.m.	Zumba Gold

Sponsored by Miracle Ear

Thursday, March 26

8 - 9 a.m.	Tai Chi
9 a.m. - noon	Learn to Knit
9:05 - 9:50 a.m.	Limited Exercise
9:30 - 10:30 a.m.	Guitar Jam Session
9:30 - 11:30 a.m.	Computer Training Appointments
9:30 a.m. - noon	Train Dominoes
9:30 a.m. - noon	Texas Hold 'em Poker Tournament
Sponsored by Sand Plum Independent & Assisted Living	
10 - 11 a.m.	Yoga
11:30 a.m. - noon	Intro to Line Dance
11:30 a.m. - noon	Lunch
Noon - 1 p.m.	Beginning Line Dance
12:30 - 2:30 p.m.	Crochet Group
12:30 - 3 p.m.	Party Bridge

1:30 - 2:30 p.m.	Intermediate Line Dance
2:45 - 3:10 p.m.	Chair Zumba
3:15 - 4:10 p.m.	Zumba Gold

Sponsored by Miracle Ear

Friday, March 27

8:30 - 9:30 a.m.	Fitness for Ladies
9:30 - 10:30 a.m.	Singing
10 a.m. - 12:30 p.m.	Individual Quilt Layout
10 a.m. - noon	Creative Writing
10:30 - 11 a.m.	Line Dance for Fitness Review
11 a.m. - noon	Line Dance for Fitness
11:30 a.m. - noon	Lunch
12:15 - 1:15 p.m.	Tai Chi for Better Balance
1 - 2:15 p.m.	Bingo for SS
1 - 3:30 p.m.	Canasta
1 - 4 p.m.	Painting/All Mediums
1:15 - 1:45 p.m.	Chair Tai Chi

Monday, March 30

8:30 - 9:30 a.m.	Fitness for Ladies
9:30 - 11 a.m.	Bible Study
9:45 - 10:45 a.m.	Zumba Gold
Sponsored by Miracle Ear	
10 a.m. - 3 p.m.	Crafting
11 a.m. - noon	Yin Yoga
11:30 a.m. - noon	Lunch
12:15 - 1:15 p.m.	Tai Chi for Better Balance
1 - 2 p.m.	Beginning Tap Dance
1 - 3 p.m.	Novel Idea Class
1:30 - 2 p.m.	Line Dance for Fitness Review
2 - 3 p.m.	Line Dance for Fitness
2:30 - 4:45 p.m.	Intermediate Tap Dance
3:15 - 4:10 p.m.	Zumba Gold
4:30 - 9 p.m.	Monday Night Pool
6 - 9 p.m.	Party Bridge
6:30 - 9 p.m.	Monday Night Dance

Tuesday, March 31

8 - 9 a.m.	Tai Chi
8:30 - 11:30 a.m.	Party Bridge
9:05 - 9:50 a.m.	Limited Exercise
9:30 - 11:30 a.m.	Computer Training Appointments
9:30 a.m. - noon	Train Dominoes
10 - 11 a.m.	Advanced Line Dance Practice
10 - 11 a.m.	Yoga
10 a.m. - 4 p.m.	Paper Crafting
11:10 a.m. - 12:10 p.m.	Intermediate/Advanced Line Dance
11:30 a.m. - noon	Lunch
12:15 - 1:15 p.m.	Tai Chi for Better Balance
12:30 - 2:30 p.m.	Pinochle
1 - 2 p.m.	Beginning Guitar Lessons
1 - 2:15 p.m.	Bingo for Prizes
Sponsored by Seasons Hospice	
1:30 - 2:30 p.m.	Beginning Line Dance
2:45 - 3:10 p.m.	Chair Zumba
3:15 - 4:10 p.m.	Zumba Gold

Sponsored by Miracle Ear