

January 2023

Menu



Cold Milk served with each meal

Monday	Tuesday	Wednesday	Thursday	Friday
2 Closed <i>Happy New Year</i>	3 Baked Potato w/ Ham Shredded Cheese Broccoli Sour Cream Cookie	4 Street Tacos Tortillas Peppers & Onions Fiesta Corn Gelatin w/ Fruit	5 Loaded Potato Soup Glazed Carrots Corn Rice Fruit Crisp	6 Beef Stew Marinated Vegetables Fruit Bread Pudding
9 Polish Sausage On a Bun Sauerkraut Baked Beans Pudding	10 Fajita Chicken Burrito Fiesta Corn Roasted Red Potatoes Fruit	11 BBQ Pulled Pork On a Bun Potato Salad Vegetable Medley Fruit Crisp	12 Pinto Beans w/ Ham Tomato Spoon Relish Coleslaw Cornbread Fruit	13 Chicken Fried Chicken Mashed Potatoes Gravy Green Beans Bread Fruit
16 Closed MLK DAY I HAVE A DREAM	17 Chicken & Noodles Citrus Glazed Carrots Green Beans Pudding	18 Ham & Cheese Sandwich Vegetable Soup Lettuce & Tomato Gelatin w/ Fruit	19 Breakfast Casserole w/ Eggs, Cheese, Hashbrowns, and Sausage Patty Warm Spiced Apples Biscuit & Gravy Muffin	20 Coney Dog w/ Chili & Onions Cheese Roasted Red Potatoes Baked Beans Fruit
23 Jambalaya Rice Corn Citrus Glazed Carrots Fruit	24 Taco Salad Seasoned Ground Beef / Ranch Beans Cheese Salad includes Carrots Tomato Wedges Tortilla Chips Pudding	25 Parmesan Chicken w/ Sauce Cheese Mixed Vegetables Fruit Cookie	26 Chicken Tortilla Soup Pea Salad Fruit Muffin	27 Pinto Beans w/ Ham Tomato Spoon Relish Coleslaw Cornbread Fruit
30 Swedish Meatballs Mashed Potatoes Peas Bread Pudding	31 Hawaiian Chicken w/ Hawaiian Sauce Rice Green Beans Pudding		Reservations Reserve a meal before 12:00pm to ensure your next day lunch reservation. Lunch is served at 11:30am at all locations.	Donations Our suggested donation is \$2.00 a meal. All donations are greatly appreciated and go toward food cost.

This program is funded by: Older American Act Grant from the INCOG Area Agency on Aging, and Participant Donations.

Managed By:

