

# March 2023

## Menu



Cold Milk served with each meal

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Reservations</b> Reserve a meal before 12:00pm to ensure your next day lunch reservation. Lunch is served at 11:30am at all locations.	<b>Donations</b> Our suggested donation is \$2.00 a meal. All donations are greatly appreciated and go toward food cost.	<b>1 Ham &amp; Cheese Sandwich</b> Vegetable Soup Lettuce & Tomato Gelatin w/ Fruit	<b>2 Breakfast Casserole</b> w/ Eggs, Cheese, Hashbrowns, and Sausage Patty Warm Spiced Apples Biscuit & Gravy Muffin	<b>3 Coney Dog</b> w/ Chili & Onions Cheese Roasted Red Potatoes Baked Beans Fruit
<b>6 Jambalaya</b> Rice Corn Citrus Glazed Carrots Fruit	<b>7 Taco Salad</b> Seasoned Ground Beef / Ranch Beans Cheese Salad includes Carrots Tomato Wedges Tortilla Chips Pudding	<b>8 Parmesan Chicken w/ Sauce</b> Cheese Mixed Vegetables Fruit Cookie	<b>9 Chicken Tortilla Soup</b> Pea Salad Fruit Muffin	<b>10 Pinto Beans</b> w/ Ham Tomato Spoon Relish Coleslaw Cornbread Fruit
<b>13 Swedish Meatballs</b> Mashed Potatoes Peas Bread Pudding	<b>14 Hawaiian Chicken w/ Hawaiian Sauce</b> Rice Green Beans Pudding	<b>15 Chef Salad</b> w/ Egg Ham & Cheese Tomato Wedges Crackers Ranch Salad Dressing Fruit	<b>16 4-Way Chili</b> Chili, Beans, Cheese & Onions Spaghetti Corn Green Beans Gelatin w/ Fruit	<b>17 Salisbury Steak</b> Mashed Potatoes w/ Gravy Glazed Carrots Bread Fruit 
<b>20 Baked Potato</b> w/ Ham Shredded Cheese Broccoli Sour Cream Crackers Pudding	<b>21 Frito Chili Pie</b> w/ Chili, Corn Chips & Cheese Fiesta Corn Fresh Apple Sour Cream Cookie	<b>22 Spaghetti w/ Meat Sauce</b> Glazed Carrots Broccoli Cottage Cheese & Pineapple	<b>23 Greek Chicken</b> w/ Rice Greek Salad Hummus Pita Bread Fruit	<b>24 Sloppy Joes</b> on a Bun Mixed Vegetables Roasted Potatoes Fruit
<b>27 Cheese Burger</b> Lettuce, Tomato, Onion & Cheese Baked Beans Mustard / Mayo Fruit	<b>28 Baked Potato</b> w/ Ham Shredded Cheese Broccoli Sour Cream Crackers Pudding	<b>29 Street Tacos</b> Tortillas Peppers & Onions Fiesta Corn Gelatin w/ Fruit	<b>30 Loaded Potato Soup</b> Glazed Carrots Corn Rice Fruit Crisp	<b>31 Beef Stew</b> Marinated Vegetables Fruit Bread Pudding

This program is funded by: Older American Act Grant from the INCOG Area Agency on Aging, and Participant Donations.

Managed By:

