

October 2024

Menu



Cold Milk served with each meal

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Donations Our suggested donation is \$2.00 a meal. All donations are greatly appreciated and go toward food cost.</p>	<p>1 Chicken Wrap w/ Lettuce Coleslaw Fruit Tortilla Wrap Gelatin</p>	<p>2 Swedish Meatballs Mashed Potatoes Gravy Savory Carrots Bread Fruit</p>	<p>3 Pinto Beans w/ Ham Cooked Spinach Fruit Cornbread Cookie</p>	<p>4 Chef Salad w/ Egg, Ham & Cheese Tomato Wedges Salad Greens Crackers Gelatin w/ Fruit</p>
<p>7 Hamburger Stew Veggies in the Entrée Broccoli & Cauliflower Cornbread Cookie</p>	<p>8 Spaghetti w/ Meat Sauce Corn Fruit Cookie</p>	<p>9 Chicken Fried w/ Gravy Mashed Potatoes Mixed Greens Bread Fruit</p>	<p>10 Ham & Cheese Sandwich Lettuce & Tomato Marinated Vegetables Bread Gelatin w/ Fruit</p>	<p>11 Egg Salad Pickled Beets Carrot-Raisin Salad Bread Muffin</p>
<p>14 Cheeseburger Lettuce, Tomato, & Onion Baked Beans Potato Wedges Bun Fruit</p>	<p>17 Gumbo Rice Side Salad Fruit Pudding</p>	<p>18 Taco Salad w/ (Ranch Beans w/ Ground Beef & Cheese) Salad Greens Tomato Wedges Tortilla Chips Cookie</p>	<p>19 BBQ Pulled Pork Potato Salad Carrots Hamburger Bun Gelatin</p>	<p>20 Chicken Pot Pie Green Beans Fruit Biscuit in the Entrée Pudding</p>
<p>21 Polish Sausage Sauerkraut Baked Beans Hot Dog Bun Fruit</p>	<p>24 Sausage, Egg & Cheese Casserole Potatoes in the Entrée Warm Spiced Apples Biscuit Gravy Muffin</p>	<p>25 Sloppy Joes Savory Carrots Peas Hamburger Bun Fresh Fruit</p>	<p>26 Pinto Beans w/ Ham Tomato Spoon Relish Coleslaw Cornbread Fruit</p>	<p>27 Ham Salad Marinated Vegetables Broccoli Salad Bread Gelatin</p>
<p>28 Beef & Cabbage Casserole Corn Fruit Crackers Pudding</p>	<p>29 Chili con Carne Savory Carrots Fruit Crackers Pudding</p>	<p>30 Salisbury Steak Mashed Potatoes Gravy Peas Bread Fruit</p>	<p>31 Baked Potato w/ Ham & Cheese Broccoli Bread Fruit</p> <p></p>	<p>Reservations Reserve a meal before 12:00pm to ensure your next day lunch reservation. Lunch is served at 11:30am at all locations.</p>

This program is funded by: Older American Act Grant from the INCOG Area Agency on Aging, and Participant Donations.

Managed By:

